

**Good Morning Sunday School Students,**

**I am glad that you have joined me today in our Spirit and Truth Zoom Classroom. Our lesson today will be on Your Mind, Your Battle**

**Our scripture for today is “.Let us not become weary in doing good for at the proper time we will reap a harvest if we do not give up. Galatians 6:9**

# Schedule for Today

**Prayer, Greeting, Meditation**

**Studying God's Word**

**Worshipping With A Song**

# **Prayer For Today**

**Dear God,**

**Help me to keep growing spiritually. I pray that I may make this my real life's work.Amen**

# **Meditation for the Day**

## **Repetition Is Key**

**Physical fitness trainers stress repetitive exercises to strengthen the body core. With repetition the exercises become habitual. Repetition builds endurance. The same applies to the repetitive application of spiritual principles. Daily practice of spiritual principles- gratitude, unconditional love, prosperity, divine right action, creativity, infinite intelligence and meditation - builds upon the fundamental core. With daily repetition of the spiritual principles, the core thinking becomes a way of life.**

**The core of my mind power, mental toughness, and discipline is strengthened daily with intentional practice of the spiritual principles. As I use my mind to fulfill my heart's desires, each manifestation strengthens my core with acceptance that these truths are real. The discipline of daily meditation, thinking life- affirming thoughts and doing good brings wonderful things to fruition**

**Give me understanding and I shall keep the law; yea I shall observe it with my whole heart. Psalm**

**119:34**

# **Discussion Chapters 7 Battlefield Of Your Mind**

## Memory Verse

**Do not fear, for I am with you, do not be  
dismayed for I am your God. I will  
strengthen you and help you. I will  
uphold you with my righteous right hand.**

**Isaiah 41:10**



**Parent Prayer-God, I don't have to be concerned about being strong in my own abilities, but instead I realize that my strength comes from You.**

**References-,The Holy Bible of Inclusion- DEPaulk, Amplified Bible, Battlefield of the Mind For Teens by Joyce Meyer ,The Law Of Divine Compensation by Marianne Williamson**